

WWS ACTIVITY REPORT 2019-20



Nehru Arts & Science College Kanhangad
Naac Re-accredited With 'A' Grade

Padnekat (P.O)
Kasaragod District
Kerala – 670582
www.nasc.ac.in



Sponsored by
New Initiative in Higher Education
Department of Higher Education
Government of Kerala



Principal : Dr. T.Vijayan

WWS Co-ordinator : Dr. Mohanan A (Dept. of Chemistry)

Internal Mentors for First Year

1. Dr. Sheeja K.P. (Dept. of Malayalam)
2. Biju N.C. (Dept. of English)
3. C.H.Sharafunnissa K (Dept. of History)
4. Deepthi. P.V. (Dept. of Chemistry)
5. Saraniya Pradeep (Dept. of Zoology)

Internal Mentors for Second Year

6. T.V.Sathyan (Dept. of Physics)
7. Dr. Reeja P.V. (Dept.of Mathematics)
8. Dr. Prajith P.K. (Dept. of Botany)
9. Mr. C.P.Rajeevan (Dept. of History)
10. Dr. N.T. Supriya (Dept. of Zoology)

Internal Mentors for Third Year

11. Dr. K..Agretious Thomas(Dept. of Botany)
12. M.K. Anjali Nair(Dept. of English)
13. Dr.Subrahmanya Prasad K(Dept. of Botany)
14. Dr. Mangala K(Dept. of Chemistry)
15. Dr. Rekha P (Dept. of Statistics)

Walk with a scholar(WWS) is a specialized mentoring programme for students in under graduate streams in arts, science and commerce. The scheme originally introduced the idea of mentoring, building on the concept of mentor as guide and friend. The activities of wws were started in our college in the month of October 2019. The internal mentoring sessions were started for second and third year students by the same internal mentors assigned to them in the last year.

SELECTION OF STUDENTS – 10/10/2019

The selection of first year students was held on 10th October 2019. Out of 49 students applied for the programme 46 students were appeared for the screening session. The coordinator gave an orientation on Walk with a Scholar programme. A short interview was conducted to know their academic back ground and social responsibility. Based on the assessment of their plus two marks and interview thirty students were selected and allotted six students to each internal mentors for the year 2019- 20.

INAUGURAL FUNCTION

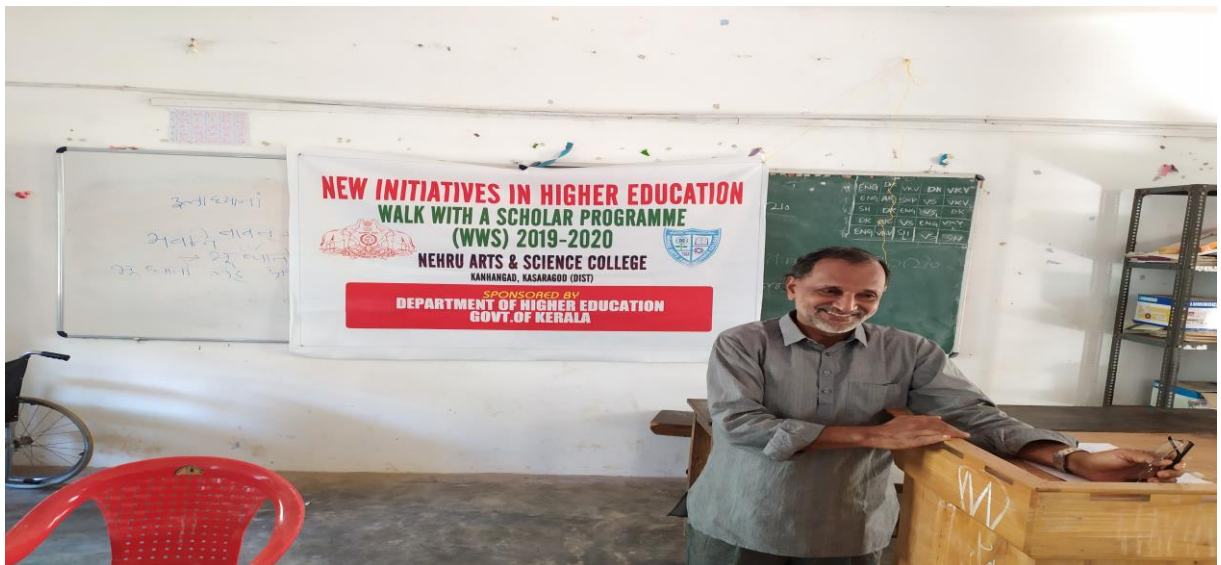
The Inaugural session of the wws for the year 2019-20 was conducted on 12th October 2019. The College Principal Dr. T. Vijayan, inaugurated the programme. He motivated the students on the area of importance of education and asked them to work hard for achieving their goals. All first year internal mentors were felicitated over the function.



EXTERNAL MENTORING FOR FIRST YEAR STUDENTS

14/12/2019

The external mentoring session on the topic “art and self development” was conducted by Mr. Radhakrishnan Aduthila, a former DIET faculty for first year on 14th december 2019. He explained that learning about the arts contributes to personal growth and development by stimulating our senses and sensibilities and by awakening the creative and expressive aspects of our being. The arts is a vehicle for social, emotional, mental and physical development. He made the students to perform storytelling, dance, music, drama, poetry etc. The students were highly motivated by this session.



21/12/2019

Two sessions on “Setting up career goals” and “development of scientific temper” were organized on 21st December 2019. The resource person was Mr. Venugopalan V, International trainer, Junior chamber international. He said the students that If you want to succeed in life, you need to set goals. Without goals you lack focus and direction. To accomplish your goals you need to know how to set them. Goal setting is a process that starts with careful consideration of what you want to achieve and ends with a lot of hard work to actually do it. Being a science teacher he made an excellent session on scientific temper. He commented that scientific temper describes an attitude which involves the application of logic. It is a way of life which uses the scientific method and which may include questioning, observing physical reality, testing, hypothesizing and analysing and communicating.



23/12/2019

Dr. P.Santhosh, Assistant Professor, Dept. of Commerce, Payyanur College conducted two sessions on “Self awareness” and “Book review” on December 23rd 2019. The resource person for the session was He made the students to understand that self – awareness is the ability to focus on yourself and how your actions, thoughts or emotions aligned with your internal standards. He conducted SWOT analysis for all the students and helped them to identify their internal strengths and weaknesses as well as its external opportunities and threats. He also delivered an excellent session on academic book review. As he mentioned a good academic book review should contain an introduction, Summary of argument, about the author, summary of contents, strength, weakness and conclusion.



28/12/2019

Mr. Sreeni Palliath, a well known trainer delivered a talk on understanding the constitution and democratic values. He made the students to understand democracy and constitution. Democracy is a type of system in which a body of elected citizens govern the country. It mainly stand for authority of people. Constitution is a supreme law or a set of written rules and regulations on how the government should work, its functions, its powers, its limitations etc. There are many constitutional values in India. The chief among them are the values of democracy, socialism and equality. The constitutional value of democracy gives the right to every citizen of India to participate in politics and elections. Moreover no discrimination takes on the basis of caste, creed, religion, gender, class etc.



08/02/2020

Dr. Sreejith M, Scientist, Vikram Sarabhai Space Centre, Thiruvananthapuram interacted with the students on 8th February 2020. The face – to- face interaction with a scientist made the students to view scientists as approachable and normal people and to begin to understand the range of scientific areas and careers that exist. Dr. Sreejith told that this type interaction is a vehicle for effective science communication. Students raised so many questions regarding opportunities in scientific field.



08/02/2020

On the same day Dr. Rajendra Pilankatta, Associate Professor & HoD, Department of Biochemistry, Central University of Kerala interacted with students as an academician. Being a good researcher he explained the area where the recent research carrying out in different disciplines. He explained how one develop research mind while doing under graduation. He also explained the selection criteria of various prestigious institutions for post graduations. Students really benefited the session and clarify their doubts regarding admission and research.



EXTERNAL MENTORING FOR SECOND YEAR STUDENTS

14/12/2019

Mr. Vijayakumar conducted different sessions on entrepreneurship, review of journal article and gender and environment sensitisations. Entrepreneurship is the ability and readiness to develop, organize and run a business in order to make a profit. Entrepreneurship allows students to learn more than just their chosen field of study, and creates an interdisciplinary environment to work and develop in. He made the students to review a journal article by focussing on the things like citation of the article that is reviewing, provide the general information about the article, introduction, overview of the article, main body of the review and conclusion. He also commented on gender and environment sensitisations. Gender sensitization is the modification of behaviour by raising awareness of gender equality concerns. Environmental sensitisation is a measure to resolve environmental problems.



28/12/2019

An effective session was organised on soft and presentation skills on 28th December 2019. The resource person was Mr. P.R. Sreeni, a well known trainer. He explained that soft skill is the term used for those skills that are not technical or job related. These are a combination of social skills, interpersonal skills and a positive attitude. These are the skills that define your relationships with other people, or how you approach life and work. Presentation skills are the skills you need in delivering effective presentations to a variety of audience. The skills cover a variety of areas such as the structure of your presentation, the tone of your voice and the body language you convey. Students presented the topics assigned to them and the resource person made the corrections.



INTERNAL MENTORING SESSIONS









